



# Join us...

**Help and support through later life transitions**

The National Federation of Occupational Pensioners (NFOP) has been providing help and support to people in later life since the 1930s.

**For a small subscription fee NFOP membership provides a number of valuable services** designed to make members feel protected and supported through their later life stages - approaching, at and during their retirement.

**Providing access to support & advice**  
NFOP has established a number of good relationships with professional advisers and service providers, enabling us to offer members access to a select panel of experts who can offer initial advice in their relevant fields.

Access to these experts is for the duration of active membership, allowing members to feel confident that help is available.

**Dedicated staff at Headquarters**  
A team of dedicated staff are at the end of the phone to help and offer assistance, Monday to Friday from 9am to 5pm.



## Membership benefits

- **Social Groups**  
There is a network of independent local groups across the UK, run by their members. The groups organise events, guest speakers, days out and other activities. They provide members with an invaluable source of contact and support. To join a group, just contact Headquarters and we will arrange this on your behalf. A list of group locations is available upon request.
- **The Magazine**  
An informative and entertaining magazine six times a year (January, March, May, July, September, November). It is also available as an audio version on request, at no additional charge.
- **Website and e-Newsletter**  
The members area of our website allows you to keep up to date with latest NFOP services and news. We also have a regular e-Newsletter covering relevant information of interest.
- **Help and Advice**  
All members have access to initial advice via a series of helplines. The helplines include legal, tax, and financial matters, benefit entitlement, and computer problems.
- **Travel Club**  
The NFOP Travel Club offers holiday, cruise, hotel and travel insurance deals across the UK and abroad.

Helping and supporting  
company pensioners

National Federation of Occupational Pensioners

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