List of NFOP Groups

Members are able to take advantage of one of the independent local groups located across the UK run by members. The groups meet on a regular basis to provide a social environment for members to get together. Each group runs its own activities.

Choosing your group

Below is the full list of available groups by region, plus the group identity number. Once you have joined your chosen group you will receive the notes from that group with each issue of the NFOP Magazine, printed on the reverse of the address sheet.

267 Northern Ireland
403 British Steel Pensioners
404 Occupational Pensioners Alliance
Scotland
109 Ayrshire
171 Dundee
174 Edinburgh R.C.A
184 Glasgow
209 Inverness, Highlands & Islands
219 Kirkcaldy inc. Dunfermline
259 Lanarkshire
316 Stirling

North East
122 Bishop Auckland
161 Darlington
167 Doncaster
186 Grantham
221 Leeds
224 Lincoln
327 Middlesbrough
261 Northumbria
300 Scarborough
354 York PO & BT
373 York Postal Vets Association

North West
124 Blackburn
125 Blackpool
148 Chester
158 Crewe
213 Kendal & Lake District
252 Manchester
256 Merseyside
258 Morecambe, Lancaster & Barrow in Furness
272 Oldham
312 Southport
337 Warrington
344 Wigan

East Anglia
118 Bedford
139 Bury St Edmunds
142 Cambridge
146 Chelmsford
153 Tendring
155 Colchester
195 Bishops Stortford & Harlow
200 Hemel Hempstead
210 Ipswich
217 Kings Lynn
249 Luton
269 Norwich & District
278 Peterborough

Midlands
120 Birmingham
121 Midlands
214 Kettering
222 Leicester
270 Nottingham
297 Rugby
305 Shrewsbury
318 Stoke on Trent
319 Mid Staffs
334 Walsall
340 Wellington Telford
347 Wolverhampton

Wales
104 Aberystwyth
110 Bangor
144 Cardiff
378 Carmarthen
262 Newport, Gwent

South East
105 Aldershot
150 Chichester
160 Croydon
173 Eastbourne
192 Guildford
198 Hastings & Bexhill
218 Kingston on Thames
251 Maidstone
290 Reading
309 Southampton
351 Worthing

South West
357 Aylesbury & High Wycombe
116 Bath
128 Bournemouth
134 Bristol Postal
135 Bristol Telecom
151 Chippenham
152 Christchurch
330 Cornwall
168 Dorchester & Weymouth
178 Exeter & District
185 Gloucester & Cheltenham
201 Hereford
275 Oxford
326 Taunton
329 Torbay
341 Weston Super Mare
353 Yeovil and Blackmore Vale

London Area	
310 Bexley	356 London Victoria
136 Bromley & Beckenham	226 London West End
229 Barnet, Enfield & North London NFOP	228 London Regional
176 Enfield, Barnet & Waltham Cross	287 Post Office Investigation
196 Harrow & Wembley	332 Uxbridge
286 Headquarters	231 Westminster District
208 East London & Essex	
241 London Central Postal	
237 London Counter & Telegraph	
234 London Electra House	
244 London Factories & Supplies	
380 London KEB & Mount Pleasant	
362 London NW District	

* 308 Slough & Windsor - No area allocated

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