



## List of NFOP Groups

Members are able to take advantage of one of the independent local groups located across the UK run by members. The groups meet on a regular basis to provide a social environment for members to get together. Each group runs its own activities.

### Choosing your group

Below is the full list of available groups by region, plus the group identity number. Once you have joined your chosen group you will receive the notes from that group with each issue of the NFOP Magazine, printed on the reverse of the address sheet.

<b>267 Northern Ireland</b>
<b>403 British Steel Pensioners</b>
<b>404 Occupational Pensioners Alliance</b>
<b>Scotland</b>
109 Ayrshire
171 Dundee
174 Edinburgh R.C.A
184 Glasgow
209 Inverness, Highlands & Islands
219 Kirkcaldy inc. Dunfermline
259 Lanarkshire
316 Stirling

<b>North East</b>
122 Bishop Auckland
161 Darlington
167 Doncaster
186 Grantham
193 Halifax/Bradford
221 Leeds
224 Lincoln
327 Middlesbrough
261 Northumbria
300 Scarborough
354 York PO & BT
373 York Postal Vets Association

<b>North West</b>
124 Blackburn
125 Blackpool
148 Chester
158 Crewe
213 Kendal & Lake District
252 Manchester
256 Merseyside
258 Morecambe, Lancaster & Barrow in Furness
272 Oldham
312 Southport
337 Warrington
344 Wigan

<b>East Anglia</b>
118 Bedford
139 Bury St Edmunds
142 Cambridge
146 Chelmsford
153 Tendring
155 Colchester
195 Bishops Stortford & Harlow
200 Hemel Hempstead
210 Ipswich
217 Kings Lynn
249 Luton
269 Norwich & District
278 Peterborough

<b>Midlands</b>
120 Birmingham
121 Midlands
214 Kettering
222 Leicester
270 Nottingham
297 Rugby
305 Shrewsbury
318 Stoke on Trent
319 Mid Staffs
334 Walsall
340 Wellington Telford
347 Wolverhampton

<b>Wales</b>
104 Aberystwyth
110 Bangor
144 Cardiff
378 Carmarthen
262 Newport, Gwent

