

NEWS FROM CARDIFF AREA BRANCH 144

GENERAL INTEREST

Hopefully the worst of the winter is behind us and we can look forward to a warm and pleasant spring when we will be able to get out and about on a more regular basis, enjoying the things we like to do, whether that be going for a walk, visiting friends, gardening or going on the holiday you have always dreamed about.

Age UK

Age UK continues to campaign on behalf of all pensioners and you can read about their campaigns at www.ageuk.org.uk/campaigns where you can also sign up to receive their newsletter to keep you informed of what they are doing on our behalf.

Social Diary Dates:

All members are invited to attend our monthly coffee morning at the Heath Community Hall, off King George V Drive East on the first Tuesday of each month from **10.30 – 12.30**. Any friends you may wish to bring will be most welcome. If you are interested in joining us on any forthcoming trip that may be arranged, please ring Sandra on the number below. It is often not possible to advise you at short notice by way of this newsletter of proposed trips, so it is helpful if we have your phone number to enable us to contact you.

BRANCH CONTACTS

Mr Ed Connolly – Chairman/Secretary – 07779 183784
Mrs Sandra Williams – Social Secretary 029 20215119
Mr Eric Davies – Membership Secretary – 029 20811171
Mr David (DJ) Williams – Welfare Representative – 07856031349