

# NEWS FROM EAST LONDON & ESSEX BRANCH

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### GENERAL INTEREST

The East London and Essex Branch meet socially in the York Room, first floor Redbridge Central Library, Clements Road, Ilford IG1 1EA on the first Tuesday of each month except January.

Our business agenda starts about 2.30pm, but please come along for an informal chat before the meeting. Light refreshments are served before the meeting, and we conclude with a raffle by 4pm.

The Branch organises social lunches in local restaurants or pubs from time to time during the year to which all members are welcome.

If you are interested in our activities, please contact the following Branch Officer for details:

Ken Mastris – Tel 020 8550 4973 Email: [ken.mastris@btinternet.com](mailto:ken.mastris@btinternet.com)

Please use the above number for Branch matters only. If you have other queries (E.g on membership or the Magazine) please call the NFOP office on 01582 721652 to avoid delay.