

NEWS FROM CARDIFF AREA BRANCH 144

General Interest

The work carried out on our behalf by NFOP, Later Life Ambitions, AGE UK and many of our MP's in relation to the Winter Fuel Payment has proved successful as most pensioners will receive the payment this year. You should receive a letter in October or November advising you of the amount you are due to receive with payment following in November or December. People whose income is over £35,000 will not qualify.

Pension Credit is also payable to those whose income is below certain levels and also brings other benefits such as cold weather payments where the temperature is below certain figures for the qualifying period. If you have various illnesses that require you to keep your home warm at all times this could be vitally important.

NFOP Welfare Fund

The NFOP Welfare Fund provides grants for assistance on a case-by-case basis, with the replacement or provision of items to help with changes to an individual's circumstances. An application form is available on the website at www.nfop.org.uk or by telephoning 01582 721652. They may also be able to advise you where they cannot assist directly.

Social Diary Dates

All members are invited to attend our monthly coffee morning at the Heath Community Hall off King George V Drive East on the first Tuesday of each month from **10.30 – 12.30**, any friends you may wish to bring will be most welcome. If you are interested in joining us on any forthcoming trip that may be arranged, please ring Sandra on the number below. It is often not possible to advise you at short notice by way of this newsletter of proposed trips so it is helpful if we have your phone number to enable us to contact you.

BRANCH CONTACTS

Mrs Sandra Williams – Social Secretary 029 20215119
Mr David (DJ) Williams – Welfare Representative – 07894458225
Mr Peter Watts – Chairman/Secretary/Treasurer – 02929 531005