

NEWS FROM CARDIFF AREA BRANCH 144

General Interest

On behalf of your Committee let me wish all members A MERRY CHRISTMAS and A HAPPY, HEALTHY and PROSPEROUS NEW YEAR.

You should by now probably have had notification of the amount you will receive in relation to the Winter Fuel Payment and possibly the payment already credited to your bank account. Many pensioners may also be eligible for Pension Credit which can be worth up to £4,000 if your income is below certain levels and brings further benefits such as cold weather payments, so please keep warm this winter.

Digital Exclusion/Access

The Older People's Commissioner has recently published her report on the above topic, it can be viewed at www.olderpeople.wales along with many other items that may be of interest such as her blog on pavement parking.

NFOP Welfare Fund

The NFOP Welfare Fund provides grants for assistance on a case-by-case basis, with the replacement or provision of items to help with changes to an individual's circumstances. An application form is available on the website at www.nfop.org.uk or by telephoning 01582 721652. They may also be able to advise you where they cannot assist directly.

Social Diary Dates:

All members are invited to attend our monthly coffee morning at the Heath Community Hall off King George V Drive East on the first Tuesday of each month from **10.30 – 12.30**, any friends you may wish to bring will be most welcome. If you are interested in joining us on any forthcoming trip that may be arranged, please ring Sandra on the number below. We recently visited Nantgarw Pottery but as it is often not possible to advise you at short notice by way of this newsletter of proposed trips it is helpful if we have your phone number to enable us to contact you.

BRANCH CONTACTS

Mrs Sandra Williams – Social Secretary 029 20215119
Mr David (DJ) Williams – Welfare Representative – 07894458225
Mr Peter Watts – Treasurer – 02929 531005